

Highlands Pickleball Association

Free Pickleball Clinics in December

If you are not willing to learn, no one can help you. If you are determined to learn, no one can stop you. Zig Ziglar

Want to learn how to play Pickleball or improve your game? The HPA is sponsoring three free December workshops. *NOTE: Each of the four sessions builds on the previous session therefore, you must commit to attending each session.*

Level 1 Introduction to Pickleball

Target Audience	People that want to learn how to play the game.
Instructor	Dave Epperson
Dates/Times	Four Sessions: 12/5, 12/7, 12/12 and 12/14 1:00-2:30
Class Size Limit	10
Registration	None required--simply show up for the first session. If you have questions email Dave at man2gator@hotmail.com .
Prerequisites	None
Clinic Description	This clinic is designed to introduce new players to the game and learn the basics of the sport: how to hold the paddle, score, serve, and return. Paddles are available to use at no charge if you don't have a paddle. Court shoes (not running shoes) are strongly recommended. Dave will help register you on court reserve and explain how the system works.

Level 2 Skill Building

Target Audience	People that have mastered Level 1 skills
Instructor	Tom Harris with HPA volunteers
Dates/Times	Four Sessions: 12/5, 12/7, 12/12 and 12/14. 2:30-4:00
Class Size Limit	10
Prerequisites	Participants should have a rating of 2.5 or higher. If you do not have a rating, please contact Dave Epperson to determine if you would be eligible.
Registration	Submit requests to Tom at Thomas.harris9337@icloud.com Tom will approve registration and enter names into court reserve.
Clinic Description	Participants will develop dinking skills, work on deep serves and returns, volleys, court position, and the third shot drop.

Level 3. Advanced Skill Building

Target Audience	People that have mastered Level 2 skills
Instructor	Jim Widdows with HPA volunteers
Dates/Times	Four Sessions: 12/14, 12/6, 12/11, and 12/13. 2:30-4:00
Class Size Limit	10
Prerequisites	Participants should have a rating of 3.0 or higher. If you do not have a rating, please contact Tom Harris to determine if you would be eligible.
Registration	Submit requests to Jim at jim@eastrivergroup.com and Jim will approve registration and enter names into court reserve.
Clinic Description	The Level 3 clinic is designed to develop more consistent dinking skills and introduce the concept of placement of dinks. It focuses on footwork and partner court position. Serve and return are emphasized. The concept of placement in the court in addition to depth is introduced. The third shot drop is emphasized and how to use the third shot drop in addition to a third shot drive. Skills like block volleys and defending against pace are also taught. This clinic is designed to help a 3.0 player take steps to advance toward a 3.5 skill level.

For those members who are interested in clinics but are unable to attend these sessions please stay tuned for more instructional opportunities in the new year.